



Highfield Primary School

Week Ending 1st May 2026

Attendance and Punctuality

Each week we celebrate the two classes with the best attendance for that week - One from EYFS/KS1 and one from KS2. CONGRATULATIONS **to 1BD and 2L (with 99%) and to 3C and 6P (with 99%)** for their great attendance this week. These classes will receive our 'Attendance Bears' to look after for the week.

Well done to the following classes for their excellent punctuality (least amount of lates). CONGRATULATIONS **to 1B and 2L with 0 lates** this week and **to 4C with 0 lates** this week. These classes will receive our 'Early Birds' to look after for the week.

1B Class Assembly

Class 1B are really looking forward to showcasing their learning to their Parents/Carers on **Friday 8th May at 9:15.**

David Attenborough's 100th Birthday - Friday 8th May

To celebrate the very special birthday of such an iconic figure, children are invited to come to school next Friday wearing **green, blue, or animal-themed tops** (for example, a top with an animal print or picture - **no fancy dress or football kits**). We will be exploring his career, his impact on our understanding of Natural History and our responsibility to look after our planet.

School Streets

As you will all be aware Highfield is a School Street and although the cameras have not yet been installed it is expected that the restrictions are followed. This has made Highfield Road a much quieter and safer environment for all children as they enter and leave the school. However please be aware that we have a small number of families who are blue badge holders due to disabilities and the restrictions do not apply to them.

Place2Be Resources

'My child is worried about the news ...' It is normal for children to feel worried about things they see or hear in the news. With your support, they can learn to understand what is happening and manage their feelings:

https://parentingsmart.place2be.org.uk/article/my-child-is-worried-about-the-news?utm_source=Place2Be+staff&utm_campaign=99032cbb47-EMAIL_CAMPAIGN_2021_11_18_COPY_01&utm_medium=email&utm_term=0_5609e0f393-99032cbb47-221524256

Wishing you all a fantastic bank holiday weekend,

Mrs Morton and Mrs Calder



Highfield Primary School

SUPER
Highfield
Spring challenge
2026

Thanks to everyone who
took part

Total raised £550

Winning class **25**

ENFIELD MUSIC SERVICE



**JAZZ
WORKSHOP**

9TH MAY 2026, 9:30 - 12:30
AT THE RAGLAN SCHOOLS

FOR WIND, BRASS & STRING PLAYERS OF AT LEAST GRADE 1 STANDARD

[CLICK HERE FOR MORE INFORMATION](#)

THEN LOG-IN OR CREATE A MUSIC STORE ACCOUNT TO BOOK



£10



Highfield Primary School



WINCHMORE HILL FOOTBALL CLUB

THE PAULIN GROUND, FORDS GROVE, N21 3ER

SATURDAY & TUESDAY FOOTBALL SESSIONS

👤 AGES 4-12 | 🟦 ALL ABILITIES WELCOME

WE WELCOME ALL CHILDREN OF ALL ABILITY LEVELS TO JOIN US IN A SAFE AND FRIENDLY ENVIRONMENT TO DEVELOP THEIR SOCIAL AND FOOTBALL SKILLS. ALL OUR COACHES ARE DBS CHECKED AND FIRST AID QUALIFIED.

Every Saturday 9:30 AM - 11:00 AM
From Tuesday 5th May 2026, 5:00 PM - 6:30 PM
Every week, throughout the year, including school holidays



💷 £10 per session | £10 annual registration fee
Fees are payable when you arrive on the day



📞 For more information:
Anna Russell - 07834 386814
✉️ russell@football1st.net



@winchmorehillfc_youth



Enfield Education Partnership - Parent Resource

Screen Time for Under 5s



The UK government has issued **national guidance on screen time for children under five**. Evidence shows that too much solo screen use can affect language, sleep, social skills and healthy weight — but not all screen use is equal. Small changes make a big difference.

Age by Age Guidance

0-2

Avoid screen time

Babies & very young children

Avoid screens other than for shared activities that encourage **bonding, interaction and conversation**, such as a video call with grandparents. These early interactions build the foundations for language and social development.

Max 1 hour per day

2-5

Toddlers & pre-schoolers

Try to keep it to **no more than one hour a day — less is possible**. Choose slow-paced, age-appropriate content. Avoid fast-paced social media-style videos and AI toys or tools.

Why This Matters

- **98% of 2-year-olds** in the UK watch screens every day. Children with the highest screen time show a measurable impact on **language development**.
- Long solo screen time can get in the way of **sleep, physical activity, creative play** and **parental interaction** - all critical for healthy development.
- Reading together, simple games, play and back-and-forth conversations build **language, problem-solving skills, self-control** and social understanding from birth.
- How parents use their own devices also matters - **children learn from watching us**. Modelling healthy screen habits is just as important as setting limits.

Key Rules to Follow

AVOID: Screens at mealtimes. Meals are a vital opportunity for conversation, turn-taking and language development.

AVOID: Screens in the hour before bedtime. Screen use can disrupt sleep - which is critical for young children's health and brain development.

AVOID: Fast-paced or social media-style videos and AI toys or tools designed for young children.

DO: Watch together and talk. Co-viewing - where a parent or carer watches and asks questions about the content - is linked to better cognitive development than solo screen use.

SEND exception: Time limits may not apply in the same way for screen-based assistive technology used by children with special educational needs and disabilities.

Screen Swap Ideas

Bedtime

Read a bedtime story together

Builds vocabulary, imagination and a calming routine before sleep.

Mealtimes

Play 'I Spy' or simple table games

Background music, colouring or conversation all work too.

Keeping in touch

Video calls with family

This counts as a shared, bonding activity — great for all ages.

After nursery

Creative or physical play

Play, drawing and movement support language, self-control and problem-solving.

Remember: It's not about eliminating screens - it's about balance, boundaries and being present. The goal is healthy habits, not perfection.