



Highfield Primary School

Week Ending 17th April 2026

Attendance and Punctuality

Each week we celebrate the two classes with the best attendance for that week - One from EYFS/KS1 and one from KS2. CONGRATULATIONS **to 1BD (with 99%) and to 3J (also with 99%)** for their great attendance this week. These classes will receive our 'Attendance Bears' to look after for the week.

Well done to the following classes for their excellent punctuality (least amount of lates). CONGRATULATIONS **to RJ and 2S with only 1 late** this week and **to 4NC and 6MB with 0 lates** this week. These classes will receive our 'Early Birds' to look after for the week.

Looking Ahead - Sports Days:

Due to the intense heat which we have seen for the last few years in June/July, we have changed the dates for our Sports Days this year to the end of May. Please note dates/timings for this year:

Monday 18th May - EYFS/KS1/Dali/Berry (9:30-11:00) Sports Day

Tuesday 19th May - Y5/6 Sports Day (9:30-11:00)

Thursday 21st May - Y3/4 Sports Day (9:30-11:00)

Should heavy rain be predicted our Reserve Dates are as follows:

Sports Day RESERVE DATES:

Monday 1st June EYFS/KS1/Dali/Berry (9:30-11:00)

Tuesday 2nd June Y3/4- (9:30-11:30)

Friday 5th June 5/6 (9:30-11:00)

Looking Ahead - Berry Class Trip Change of Date:

Berry Class will be going on a trip to The London Eye on **Thursday 4th June** instead of Thursday 21st May. This has been rearranged due to the proposed Tube Strike.

WRM Digital Tools

To access these tools visit and enter the code for this week: **nut-kip-pat**

Wishing you all a fabulous weekend,

Mrs Morton and Mrs Calder



Summer Term 1 2025/26 Key Dates for Parents/Carers

Topic: Amazing Animations	
Language of the term: Korean	
Value: Collaboration	
Week Beg.	
13th April	Thursday 16th April - Termly Topic Maps to Parents
20th April	
27th April	Friday 1st May – 1BD Class Assembly Friday 1st May – Newsletter to Parents
4 th May	Monday 4th May – Bank Holiday Friday 8 th May 1B Class assembly
11 th May	Year 6 SATs Week (Monday to Thursday) Friday 15th May 1GS Class Assembly
18th May	Storyboards, Art and Animations Week Monday 18th May - EYFS/KS1/Dali/Berry (9:30-11:00) Sports Day Tuesday 19th May - Y5/6 Sports Day (9:30-11:00) Thursday 21st May - Y3/4 Sports Day (9:30-11:00) Friday May 22nd INSET Day - No School for Children
W/C 25th May – Half Term	



Enfield Education Partnership - Parent Resource

Screen Time for Under 5s



The UK government has issued **national guidance on screen time for children under five**. Evidence shows that too much solo screen use can affect language, sleep, social skills and healthy weight — but not all screen use is equal. Small changes make a big difference.

Age by Age Guidance

0-2

Avoid screen time

Babies & very young children

Avoid screens other than for shared activities that encourage **bonding, interaction and conversation**, such as a video call with grandparents. These early interactions build the foundations for language and social development.

Max 1 hour per day

2-5

Toddlers & pre-schoolers

Try to keep it to **no more than one hour a day — less is possible**. Choose slow-paced, age-appropriate content. Avoid fast-paced social media-style videos and AI toys or tools.

Why This Matters

- **98% of 2-year-olds** in the UK watch screens every day. Children with the highest screen time show a measurable impact on **language development**.
- Long solo screen time can get in the way of **sleep, physical activity, creative play** and **parental interaction** - all critical for healthy development.
- Reading together, simple games, play and back-and-forth conversations build **language, problem-solving skills, self-control** and social understanding from birth.
- How parents use their own devices also matters - **children learn from watching us**. Modelling healthy screen habits is just as important as setting limits.

Key Rules to Follow

AVOID: Screens at mealtimes. Meals are a vital opportunity for conversation, turn-taking and language development.

AVOID: Screens in the hour before bedtime. Screen use can disrupt sleep - which is critical for young children's health and brain development.

AVOID: Fast-paced or social media-style videos and AI toys or tools designed for young children.

DO: Watch together and talk. Co-viewing - where a parent or carer watches and asks questions about the content - is linked to better cognitive development than solo screen use.

SEND exception: Time limits may not apply in the same way for screen-based assistive technology used by children with special educational needs and disabilities.

Screen Swap Ideas

Bedtime

Read a bedtime story together

Builds vocabulary, imagination and a calming routine before sleep.

Mealtimes

Play 'I Spy' or simple table games

Background music, colouring or conversation all work too.

Keeping in touch

Video calls with family

This counts as a shared, bonding activity — great for all ages.

After nursery

Creative or physical play

Play, drawing and movement support language, self-control and problem-solving.

Remember: It's not about eliminating screens - it's about balance, boundaries and being present. The goal is healthy habits, not perfection.



Highfield Primary School

WINCHMORE HILL CRICKET
CLUB PRESENTS

GIRLS CRICKET OPEN DAY



**GIRLS Aged 6-12,
All Abilities
Welcome**

Sunday 19th April, 2026, 10am -1pm
Winchmore Hill
Cricket Club,
N21 3ER

Register by 15th April at
whccgirlscricket@gmail.com

CRICKET SESSION



Highfield Primary School



**Join the family fun,
no need to book!**

Vicars Moor LTC

MIDDLESEX CLUB OF THE YEAR 2024

Community Open Day | Saturday 25 April

Sherbrook Gardens, Winchmore Hill, N21 2NU

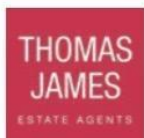
Vicars Moor is a thriving tennis club in the heart of the Winchmore Hill community, offering tennis for all ages and standards. We offer a vibrant junior section and an active social side.

Join us on **Saturday 25th April** to see the club, meet our coaches and try any of the sessions below **for free**.

- 1pm – “Rusty Rackets” (new or returning players) and intermediate adults
- 2pm to 3:30pm - Juniors aged 5 upwards and Munchkins (under 5yr)
- 3:30pm - Cardio tennis for all ages and standards

There will be a BBQ available at lunchtime and the bar will be open all afternoon!

**Special new joiner discounted first year membership
and attractively priced subs for young adults under 30**



clubspark.lta.org.uk/VicarsMoorLTC

