



Highfield Primary School

Week Ending 4th April 2025

Attendance and Punctuality

Each week we celebrate the two classes with the best attendance for that week – One from EYFS/KS1 and one from KS2. CONGRATULATIONS **to RJ (with 93%)** and **to 6M (with 97%)** for their great attendance this week. These classes will receive our 'Attendance Bears' to look after for the week.

Well done to the following classes for their excellent punctuality (least amount of lates). CONGRATULATIONS **to RJ, 2L and 2S with 2 lates** this week and **to 4NC with 0 lates** this week. These classes will receive our 'Early Birds' to look after for the week.

Year 3 Trip to Cemevi

On Friday 25th April Year 3 will be visiting a local Cemevi to bring their learning about Alevism to life.

Dogs on School Premises

Please be reminded that **dogs are not permitted** on the school premises.

Thank you Friends of Highfield!

A big thank you to our wonderful Friends of Highfield! Your hard work and dedication shine through in everything you do. The PTA Quiz Night was a fantastic success, and yesterday's Easter Egg Hunt was simply brilliant! It brought so much joy to the children and created lovely memories for families. Thank you for making Highfield an even better place for our students 😊

Scabies

Please read carefully the information that Mr Wilson will be sending later today.

Art Club for Next Half Term

Please find information about the Art Club for next Half Term below.

HAF Holiday Clubs

Time for Change are so excited to be able to offer their free funded HAF Holiday Clubs this Easter holidays in Winchmore Hill, Harlow, Waltham Abbey and Waltham Cross! These clubs are completely free for children aged 4-13 who are in receipt of income based free school meals and some families with children who have SEND needs or are low-income families! See flyer below for more details.

Calling All Rugby Loving Women!

Saracens ARFC are holding a Women's Rugby Taster on 30th April - The emphasis at the session will very much be to have fun - Absolutely no experience necessary. If you are interested, please see the flyer below.

WRM Digital Tools

To access these tools visit [Digital tools](#) | [Maths Tools for Teachers](#) | [White Rose Education](#) and enter the code for this week: **bus-fiz-act**

Wishing you all a wonderful break and a lovely Easter,

Mrs Morton.



Highfield Primary School





Highfield Primary School

FREE TOUCH RUGBY TASTER SESSION FOR WOMEN



Wednesday 30th April 7.00-8.00pm

@Saracens ARFC N14 4AB



SARACENS
TOUCH RUGBY

Scan to
book!





Highfield Primary School

ART CLUB (with craft & design)

Summer 1 term, starting

on THURSDAYS from 24th April - 22nd May 2025 - 5 wks

The Art Club is open to all Years 1 - 6, after school from 3:15pm to 4:30pm in the main building "Learning Zone" room, year 3.

There will be 5 sessions from Thursdays from 24th April to 22nd May.

It is run by Eva Schlagman who's been leading art clubs for a considerable number of years in multiple schools. The children will join in a range of activities such as:

- Fun art projects to develop children's drawing, painting and dexterity with clay, scissors and brushes/pencils.
- Learning to understand realistic pencil and black chalk drawing, portraits and moods and overall perspective and composition.
- Creating collages with a variety of materials and other resources.
- Experimenting with different painting materials and techniques.
- Learning about present and past modern artists and their styles and movements.
- Entering UK and international children's art competition (optional).
- Note: All the above activities will vary, depending on children's interests and current season.

Some projects may be carried over two sessions (such as clay that needs time to dry).

There will be 5 sessions. The charge for a session is £8.50. There will be also a £17.50 charge for art resources which avoids the children having to bring in anything from home as All materials and, also, aprons are provided. Therefore, the total charge for these sessions will be £60. Please only make payment if your place was confirmed. All artworks will be taken home. (Some artworks will be send to the competition events)

After school children will be going to the Learning zone room, in the main building. They can bring in a drink and a small snack to have in the club. No food containing nuts please. Parents need to collect the children promptly from the main reception at the end of the session, at 4:30pm. If you are not going to be on time to collect your child, please contact school or Eva before 3:15pm.

Note; When booking the club for your child please advise in writing if your child has any allergies or medical conditions that we should be aware of or if your child suffers from asthma and requires an inhaler. Please also let me know if your child needs assistance with any activities so that reasonable adjustments can be made.

If you would like your child to attend this club, or have any queries about the club before booking please contact Eva Schlagman, via email: evasartclub@gmail.com if your place is allocated the payment (bank transfer) should be made by **Friday 21st March**.

You can also find children's art works on Facebook; Art Club at Highfield school or Instagram: Eva's art club. Art club runs every half term as a new term.

Places are limited and will be allocated on a first come first served basis. Payment should be made only if your child's place is confirmed in writing. Payments are non-refundable.

Note; By signing up for this club, you agree to the conditions listed above.

Please find the bank transfer below:

- 1/ **Bank transfer (BACS) by**
Name: Eva Schlagman
Bank: First direct
Acc.No: [95863848](#)
Sort code; 404759
Reference: (your child's name)



Highfield Primary School



Winchmore hill

Waltham Abbey

Cheshunt

Harlow

BOOK
NOW

From £10

Join us for~

- BREAKFAST CLUB
- AFTER SCHOOL CLUB
- HOLIDAY CLUB



info@timeforchangekids.com
timeforchangekids.com
07884251662





- **Sports**
- **Dance**
- **Arts & crafts**
- **Inflatables**
- **& more**

• **Ages
3-14**

• **Trained &
DBS checked
staff**

• **OFSTED
registered**

• **Funded &
Paid Places
available**

• **Hot lunch/
dinner**
• **Healthy snacks**



Highfield Primary School



WINCHMORE HILL FOOTBALL CLUB
THE PAULIN GROUND, FORDS GROVE, N21 3ER



EASTER HALF TERM



WE WELCOME ALL CHILDREN (AGES 4-12) OF ALL ABILITY LEVELS TO JOIN US IN A SAFE AND FRIENDLY ENVIRONMENT TO DEVELOP THEIR SOCIAL AND FOOTBALL SKILLS. ALL OUR COACHES ARE DBS CHECKED AND FIRST AID QUALIFIED.

Dates

Week 1: Monday 7th to Friday 11th April
Week 2: Monday 14th to Thursday 17th April

Full week: £120
Daily rate £30

Fees are payable when you arrive on the day
Time: 9:30am-3:00pm

Please bring a packed lunch, snacks and plenty to drink. Any Sports Kit will do, but make sure you dress according to the weather conditions.



Awards

PLAYER OF THE WEEK
MOST IMPROVED PLAYER OF THE WEEK
PENALTY SHOOT OUT WINNER
PLUS MEDALS FOR TOURNAMENT WINNERS



@winchmorehillfc_youth

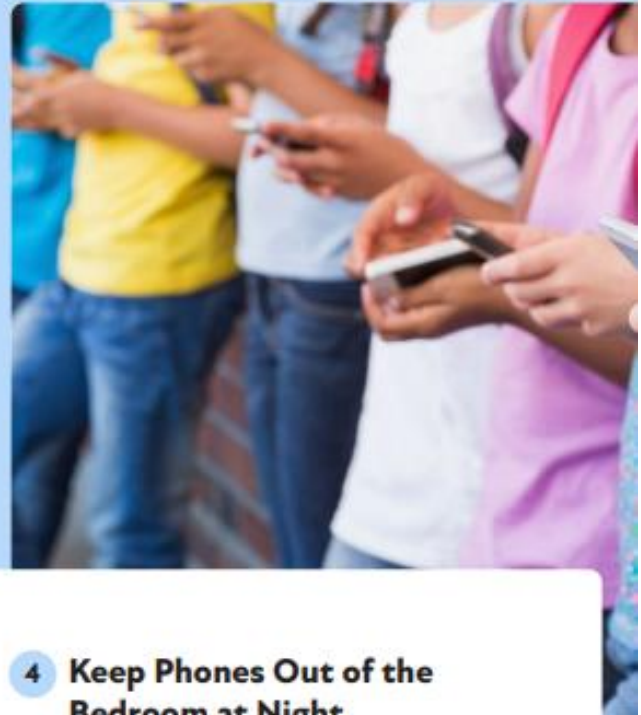
For more information and to book your place, contact Anna Russell on 07834386814

russell@football1st.net



COLLECTIVE POWER

Top Tips for Healthier Digital Habits as a Family



1 Delay Smartphones and Social Media

Hold off on smartphones and social media for as long as possible, ideally until age 16. In the meantime, a basic “brick” phone is a much healthier alternative, allowing children to stay safe and stay in touch while traveling independently to and from school. For older children, already with smartphones, focus on parental controls to limit screen time, block inappropriate content and ensure the device is as safe as possible.

2 Model Good Habits

Our relationship with our smartphones is key, children learn from our behaviour. Be mindful and present when spending time together as a family. Where possible, keep phones out of sight to minimise distractions and encourage meaningful interactions.

3 No Phones at the Table

Mealtimes should be about connection, conversation, and eye contact. By setting this expectation at home, we help children develop healthier digital habits they can carry into adulthood.

4 Keep Phones Out of the Bedroom at Night

This applies to both children and adults. Many issues arise when children have unsupervised access to devices at night. Parents can model good habits by charging devices in a central location, like the kitchen, instead of next to their bed. No phones for at least 1 hour before bedtime. Swap your smartphone alarm for a traditional alarm clock to create a healthier nighttime routine.

5 No Phones First Thing in the Morning

Checking your phone as soon as you wake up primes your brain for distraction and can trigger a stress response. Most things can wait at least 60 minutes in the morning. Starting your day without screens will help improve focus and overall well-being.

6 Avoid Multi-Screening

Encourage children to focus on one screen at a time. Constantly switching between devices can lead to shorter attention spans and difficulty concentrating. Keeping phones out of sight can reduce the temptation and improve focus.

By implementing these small changes, we can create a healthier digital environment for the whole family and set our children up for better long-term habits.



To effectively raise awareness about the risks of smartphones and social media for young children within your parent community, whether at schools or in a corporate setting, consider hosting a Parenting in the Digital Age talk.

These presentations explore the impact of modern technology on children's mental health and well-being, offering non-judgmental, research-backed solutions to help families develop a healthier relationship with digital devices. It is a fantastic way to bring parents together to collectively take action and protect children.

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Nova's talk provided clear evidence on how smartphone and social media use in young children and teens is creating an ever growing health epidemic. What's refreshing and heartening about Nova's talks is that she provides viable solutions to this problem and I left with a feeling that we can take back control of the situation.

Nova Eden: Children's Mental Health Expert

Nova Eden is a passionate educator, public speaker, and expert in children's health and well-being, specialising in digital wellness and the impact of digital media on young people. As a leading voice in the **Smartphone-Free Childhood** Movement, Nova is driving meaningful and accelerated change in the digital landscape for children across the UK.

oncollectivepower.co.uk



Working with

