



Upcoming Important Information/Dates

Attendance and Punctuality

Each week we celebrate the two classes with the best attendance for that week – one from EYFS/KS1 and one from KS2. CONGRATULATIONS to **1B** (with **99%**) and to **6A** (with **99%**) for their great attendance this week. These classes will receive our 'Attendance Bears' to look after for the week.

Well done to the following classes for their excellent punctuality (least amount of lates). CONGRATULATIONS to 2BD (with **only 1 late**) and to (with a super impressive **0 lates**) this week. These classes will receive our 'Early Birds' to look after for the week.

Year 3 Fossil Workshop

This will take place on Monday 5th February.

3P Class Assembly

This will take place at 9:15am on Friday 9th February - Parents/Carers, please join us in celebrating all 3P have learned and achieved so far this year.

Creative Writing Week 5-9th February

We will be enjoying our second Creative Writing Week of the year, linked to our 'Express Yourself' topic.

Children's Mental Health Week 5-11 February

Children's Mental Health Week will take place from 5-11 February. The theme this year is 'My Voice Matters' which is about empowering children and young people by providing them with the tools they need to express themselves. Please follow the link to discover resources for families to support their child's mental health at home.

<https://www.childrensmentalhealthweek.org.uk/families/#resources>

Safer Internet Day – Tuesday 6th February 2024

Safer Internet Day is a great opportunity to focus on online safety with your child, whatever their age. This year's theme is all about change and influence online. We will be discussing how to stay safe online at school, but it is essential that parents/carers know how to keep their children safe online when they are at home. Please see the link below for further information:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2024/parents-and-carers>

Parking

Please remember to respect our neighbours and keep all our children safe by parking responsibly in the local area. This means:

- No parking across the pavement
- No stopping or parking on the yellow zig zags or the zebra crossing or outside the school gates
- No blocking the driveways of residents (even for a few minutes)

Should anyone wish to report illegal parking in the future, NSL can be called direct on 020 3856 0036 (line available 24 hours for enforcement daily between 8am and 9pm). Alternatively, the Parking Team at the Council can be emailed at parking@enfield.gov.uk or called on 020 8379 6406 between 9am and midday Monday to Friday.

WRM Digital Tools

To access these tools you will need to visit <https://whiterosemaths.com/resources/digital-tools> and enter the three word code for this week: **vog-hic-run**

Have a lovely weekend,

Mrs Morton and Mrs Calder

Digital safety at a glance

internet matters.org

Guidance for parents of 5-7-year-olds

Use this quick tips guide to stay on top of your child's online safety needs.

Tech use, issues and tips

Learn about common experiences at this age and what you can do to keep your child safe online as they grow.



93%
watch videos



59%
send messages or
make video/voice calls



89%
Use YouTube

Source: Ofcom 2023



Too much screen time

Too much screen time is the online harm most experienced at this age, and **69% of parents worry about this.**

Source: Internet Matters tracker survey

Set time limits for devices but also help kids experience a range of activities to create and learn to support their wellbeing.



In-game and in-app spending

In-game and in-app spending is one of the most common online harms this age faces; **58% of parents worry about this.**

Source: Internet Matters tracker survey

Review purchase settings and parental controls in apps, games and online stores to set limits, then talk about why they're important.



Online bullying

Online bullying from people children know is one of the most common harms among 5-7s, and **63% of parents worry about this.**

Source: Internet Matters tracker survey

Online bullying is difficult to escape or ignore. So, talk about what it looks like so kids know when and how to get help.

Learn about these issues and more at internetmatters.org

Set parental controls on popular apps



1. Set up YouTube Kids for under-13s.
2. Use timers to manage screen time.
3. Turn off watch history to limit suggested videos.



1. Use the in-built parental controls feature with PIN.
2. Customise who your child can talk to.
3. Enable Account Restrictions for easy set up.



1. Create a child's profile.
2. Set a parental controls PIN.
3. Customise maturity level of content your child can watch.

See all parental controls guides at internetmatters.org/controls

Are they talking to others online?



- Check your child meets age requirements
- Explore social media platforms for under-13s
- Discuss positive behaviour online
- Search 'top internet manners' for more



Get personalised advice straight to your inbox

Want support to stay on top of your kids' digital lives? Together, we've got this, with our free personalised family digital toolkit. By completing the form you'll get:

- Age-specific checklists and guides
- Safety information on the latest apps and platforms
- Resources to tackle online concerns by age
- Interactive tools to encourage discussions on key topics

Scan the QR code or go to internetmatters.org/toolkit



Make online safety a part of their everyday

Conversations to have

Talk about:

- What they're watching; what do they like about it?
- What apps/games they like; what would they like to try?
- How being online makes them feel; what signs tell them they need a break?

See more at internetmatters.org

Tools to explore together

Build digital skills and play together with:

- The Online Together Project: an interactive quiz with discussion points to challenge stereotypes and hate online.
- Find the Fake: a series of quizzes to help teach children how to recognise and tackle misinformation online.

Go to internetmatters.org/advice for more



Digital safety at a glance

internet
matters.org

Guidance for parents of 8-10-year-olds

Use this quick tips guide to stay on top of your child's online safety needs.

Tech use, issues and tips

Learn about common experiences at this age and what you can do to keep your child safe online as they grow.



96%

watch videos online



82%

send messages or make video/voice calls



67%

play games online

Source: Ofcom 2023



Too much screen time

Too much screen time is the online harm most experienced at this age, increasing as children grow; **71% of parents worry about this.**

Source: Internet Matters tracker survey

Set time limits for devices but also help kids experience a range of activities to create and learn to support their wellbeing.



In-game and in-app spending

In-game and in-app spending is the **second-most common online harm among 8-10s**, increasing with age. However, parent concern about this decreases as children grow.

Source: Internet Matters tracker survey

Review purchase settings and parental controls in apps, games and online stores to set limits, then talk about why they're important.



Viewing violent content

Viewing violent content is the third-most common online harm at this age, and **67% of parents worry about it.**

Source: Internet Matters tracker survey

Set parental controls and restrictions on video games, videos and websites children access. Talk to them about why some content is not appropriate.

Learn about these issues and more at [internetmatters.org](https://www.internetmatters.org)

Set parental controls on popular apps



1. Set up YouTube Kids or a Supervised Account.
2. Use timers to manage screen time.
3. Turn off watch history to limit suggested videos.



1. Create a Kids Profile so they have access to age appropriate content.
2. Customise their profile's maturity rating.
3. Turn off autoplay on series to help manage screen time.



1. WhatsApp age minimum is 16 in the UK, so review privacy settings.
2. Disable live location and who can contact your child.
3. Familiarise yourself with all features.

See all parental controls guides at internetmatters.org/controls

Are they gaming with others online?



- Set up controls in-game and on consoles
- Talk about keeping personal information private
- Discuss positive behaviour online
- Search '**top internet manners**' for more



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Build digital skills and play together with:

- The Online Together Project: an interactive quiz with discussion points to challenge stereotypes and hate online.
- Find the Fake: a series of quizzes to help teach children how to recognise and tackle misinformation online.
- Digital Matters: complete the interactive stories with your child to help them learn key online safety skills.

Go to internetmatters.org/advice for more



**WINCHMORE HILL
FOOTBALL CLUB**
THE PAULIN GROUND, FORDS
GROVE, N21 3ER



**FEBRUARY
HALF TERM**



WE WELCOME ALL CHILDREN (AGES 4-12) OF ALL ABILITY LEVELS TO JOIN US IN A SAFE AND FRIENDLY ENVIRONMENT TO DEVELOP THEIR SOCIAL AND FOOTBALL SKILLS. ALL OUR COACHES ARE DBS CHECKED AND FIRST AID QUALIFIED.

Dates

Monday 12 Feb - Friday 16 Feb

Full-week camp £100

Daily rate £30

Fees are payable when you arrive on the day

Time: 9:30am-3:00pm

Please bring a packed lunch, snacks and plenty to drink. Any Sports Kit will do, but make sure you dress according to the weather conditions.



Awards

**PLAYER OF THE WEEK
MOST IMPROVED PLAYER
OF THE WEEK
PENALTY SHOOT OUT
WINNER
PLUS MEDALS FOR
TOURNAMENT WINNERS**



@winchmorehillfc_youth

For more information and to book your place, contact Anna Russell on 07834386814

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