



Highfield Primary School

NEWSLETTER October 2022



Message from Headteacher



Dear Families,

We have had a very exciting month at Highfield. Our sports competitions have started; with both boys and girls football team enjoying a successful starts to their seasons, the girl's netball team have played their first matches and our cross country runners ran well in the Enfield wide competition at Forty Hall. We have had our Year 5 class assemblies; where the children have been able to show what they have been learning, as well as show their dancing, singing and communication skills. We celebrated the harvest festival by donating to our local church and food bank (thank you to all those who contributed). Year 4 have visited our local Synagogue and we have had various local trips.

Finally, we are currently having new play equipment installed on the field (we will share the pictures when it is completed). The friends of Highfield have made a significant donation towards the cost and we would not be able to afford this without them. This once again shows the importance of their fundraising efforts and the impact your contributions have.

I hope you all have a lovely half term.

A message from the Friends of Highfield

We are looking for any parents with businesses or if anyone knows of local businesses that would be interested in sponsoring the school - kindly contact Friends of Highfield on friendsofhighfield@hotmail.com



Our three core values are Respect, Co-Operation and Kindness.

Headteacher Awards this month:

Week Ending : 07/10/22

4GF: Tianlin

4C: Luca

4AC: Stacey-jay

Week Ending : 14/10/22

3P: Sophia

3L: Ishaan

3J: Mira

Attendance Class Awards this month:

Week Ending : 07/10/22

KS1/EYFS: 1S - 97%

KS2: 4C,6A & 6C - 99%

Week Ending : 14/10/22

KS1/EYFS: RL & 1S - 97%

KS2: 4C - 100%

Week Ending : 21/10/22

KS1/EYFS: RL - 100%

KS2: 4AC - 99%



5M Ocean Assembly

On Friday 7th October 5M presented their Ocean Assembly to their parents, Year 5 and Year 6. As part of their geography topic this term, their assembly was set on the seas and under the waves. They began with a surfing dance and ended with a song encouraging everyone to clean up the ocean. During the assembly they explained how oceans are used for travel, trade and tourism. Also they described the makeup of the four marine biomes. It was a fantastic assembly performed with great energy and enthusiasm. Well done 5M.

5C Unity in the Community Assembly

On Friday 30th September 5C presented their Unity in the Community Assembly to their parents, Year 5 and Year 6.

As part of our whole school topic this term, 5C's assembly presented the different communities we all belong to and how we can help and support each other and members of our communities. They also presented information about famous people that have helped their communities, for example, Marcus Rashford campaigning for children's right to school lunches during school holidays. The class also performed 2 songs and dances, 'We Are Unity' and 'We're all in this together'. Well done for learning your lines, dance moves and song lyrics so perfectly!

It was a fantastic assembly performed with great energy and enthusiasm. Well done 5C – you really made us all proud! Together we can achieve more!

5NC Harvest Assembly-October 2022

On Friday 14th October, 5NC presented their Harvest Assembly to their adults, Year 5, Year 6 and their siblings. As we have started a new school year, it made us think about the season of Autumn and special celebrations that happen during this time. Our assembly focused on the celebration of Harvest and how Harvest is celebrated throughout the world. We performed a special celebration dance and used African drums to explain how Harvest is celebrated in different parts of Africa. As part of the Unity in the Community school focus, we wanted to support and help others within our community. We donated packets of food and tins to be taken to a food bank to support those in our community who may need help. These were displayed on a special table for everyone to see. It was a brilliant assembly performed beautifully with lots of great dancing and singing.

ENFIELD FOOD BANK

For Harvest, all children were asked to bring a tin or some food to donate to the Enfield Food Bank and a Holy Trinity Church. As a school community, we collected over twenty crates of food, which will help hundreds of families in need.

Our School Council would like to say a massive thank you for all the donations, as it clearly proves that 'Together we CAN achieve more'.



Year 1 History

On Monday 3rd October Year 1 were lucky enough to have a mother and baby, a mother and toddler and a grandparent come into school to talk to us. Our History topic this half term has been how we change over time and we have been learning about the different stages of development we go through. Year 1 had the opportunity to find out how the 2 parents care for their children and also the changes that happen over time. They were also able to compare how things have changed over time from a baby to a grandparent.

Some examples of questions that the children asked are:

Questions for the mother and baby

“Why do babies only drink milk?”

“Has the baby got any teeth?”



Questions for the mother and toddler

“What does the toddler eat?”

“Can he feed himself?”

Questions for the grandparent

“How do you look after your grandchildren?”

“Do you still go to work?”

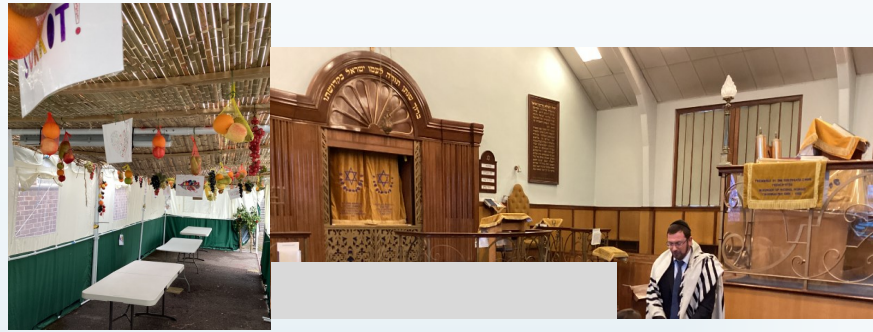
Year 1 trip to Holy Trinity Church

Year 1 were really lucky to visit Holy Trinity Church in Winchmore Hill on Friday 14th October. They took their Harvest festival contributions and placed them at the front of the church so that they could be donated to a local charity who need it. They had the opportunity to sit in the pews of the church and listened to a talk by Father John. He told them all about Harvest and what happens at this time of year. Year 1 then had the opportunity to sing their Harvest song that they have been learning. They all had a fantastic time!



Year 4 Synagogue Visit

On Friday Year 4 visited the Cockfosters and N Southgate Synagogue as part of their RE learning focused on Judaism. Whilst there, the children had the opportunity to explore



the surroundings and to ask Rabbi Schindler questions about some of the special items/features that they noticed. They saw some Hebrew writing and learnt that Hebrew books are read from back to front and right to left. The children were also lucky enough to see the sacred Torah and learnt that when they take this out during any Service (e.g. Shabbat), bells on the end of this jingle to remind people to stand and show their respect. They also learnt that the beautiful stained glass windows lining one of the walls of the Synagogue were gifted to them and represent different Bible Stories, one of them representing Moses. Rabbi Schindler then modelled how a Prayer Shawl (Tallit) is worn and explained these are worn to pray. On our way out the children also got to walk through the 'Sukkah' - This is a temporary hut constructed for use during the week-long Jewish festival of Sukkot. It was topped with branches and decorated with autumnal images and decorations, some of which had been created by local children and families. As well as demonstrating exemplary behaviour during the trip the children also showcased their vast knowledge of this religion that they have retained from recent RE lessons - You made us all very proud Year 4; Well done!

Year 4 Woodcroft Trip

Year 4 went to Woodcroft Wild Space this week as a part of their science work on plants and habitats of minibeasts.

In groups the children identified different creatures in ponds and under logs and they learned about bees in apiary. They found conkers, pinecones, acorns and chestnuts; they compared evergreen plants and deciduous plants and trees. Earlier in the year the children were lucky to visit and experience Woodcroft in the summer when everything was green and flowering. As the autumn season is in its full swing, the children were able to compare it to their visit in the summer. They found that rose bushes are now adorned with rose hips, which can be used in making tea and jam, that acorns from oak trees are ready for squirrels and that one of the ponds has dried out due to high temperatures in the summer.



Borough Cross Country Competition at Forty Hall

On Friday 7th October, Highfield's Cross-Country team took part in an Enfield Borough competition at Forty Hall. It was a beautiful sunny day and the children joined teams from 21 other schools. The girls race started at 2pm. The course was tough, the grass was long and the hill was steep.

The Highfield team set a steady pace up the hill and then down through the trees. They ran for 1.5km over rough terrain finishing with an uphill sprint. Sloane came 4th overall with Aleeha and Alice close on her heels. Sophia and Izzy quickly completed the course and the girls' team finished 5th over all. The boys race began straight after the girls had finished. They followed the same course, running steadily until the final uphill sprint.

Dylan came 13th overall with the rest of the team (Aryi, Dexter, Paul and Jay) finishing close behind. The boys' team finished 7th overall which meant that Highfield's final position was 6th in the borough.

This was an excellent result from a talented team of boys and girls. Great running!



Enfield Borough Football League Round 1

On Wednesday 5th October, to start the season off, the Highfield Y5/6 Football team played two matches at Edmonton county power league. The first game was against St Edmunds where they started confident and strong resulting in a 4-1 win for Highfield goals scored by Paul, Dylan and two by Theo.

The second game was against Edmonton county, by working as a team they were able to win an astonishing 4-0 clean sheet for Goal keeper Manny. Goals were scored by Paul and a lovely Hat-trick by Dylan.

Well done to Man-



Netball Team

On Tuesday 11th October the Highfield Netball team participated in two matches.

First match against Raglan where the team had a great start ending the match winning 5-1. Well done to Kayla who got player of the match against Raglan.

The second match was against St. Paul's and it was a challenging match. Both teams played exceptionally well ending in a draw 3-3.

Well done to Kayla, Farida, Minnie, Anisa, Sloane, Olivia, Maisie, Michaela and Christine.



Girls' Football League Round 1 at Edmonton County

On Wednesday 18th October Highfield's Girls' Football team played their first 2 matches in the borough league at Edmonton County Power League.

Amerie, Alice, Georgia, Nikol, Satya, Sloane, Kamea, Esme, Anisa and Maisie played their first match against Raglan. It was a close game. Highfield worked well as a team, created spaces and opportunities however the final result was 2:1 to Raglan.

In the second Match, verses Galliard, Highfield strengthened their defence and created better opportunities to score. They were rewarded with 2 excellent goal by Satya. It was brilliant team effort. Well done girls, an excellent start to the season.



Boys Football

On Monday 17th October Highfield took two football teams to play a friendly at Raglan. The first team had a strong start winning 5-1 the first game. A lovely 4 goals scored by Dylan and Nyah scored the other making it 5-0. They were close to keeping it a clean sheet but Raglan managed to score in the last minute. For their second game it was an exciting and competitive game. Both teams played excellent and kept on pursuing till that final whistle. The game went back and forth with Dylan and Paul scoring and Theo scoring on a penalty. The game ended with a score of 4-3 Raglan taking the win. The boys played amazingly, never giving up.

The second team also had a strong start, giving it their best but unfortunately the other team was stronger. David did manage to score two amazing goals; they kept their team spirit despite letting in a number of goals. They lost both their games but they never gave up! Well done boys!

Well done to Manny, Theo, Dylan, Paul, Nyah, Kevin, Seb, Elisha, David, Nicholas, Ziven, Zak, Noah and Jackson.



Cookery Club

We have been fortunate to have Hertfordshire Catering Company come in and lead a cooking club for Year 5. Over the weeks, they have made pizzas, cinnamon rolls, Fajitas, garlic bread and a delicious pasta salad. They have also covered basic hygiene skills, cutting skills, budgeting skills and discussed the nutritional value of different ingredients. All children have been encouraged to try different things and were given recipe cards to experiment at home.

This has been a fantastic opportunity for the children to develop their cooking skills and we hope this experience will inspire some to take up a future career in the culinary arts.



Transport for London STARS



The STARS project encourages active, healthy, safe and sustainable travel. We aim to reduce the number of car journeys to our school to improve congestion, pollution and to make the roads safer for our children. Walking, scooting or cycling for all or part of the way to school is a great way to fit in exercise for children at the start of the day. It also helps them arrive at school awake, alert and ready to learn. For more information visit www.stars.tfl.gov.uk

The green cross code

1. Find a safe place to cross then stop
2. Stand on the pavement not the kerb
3. Look all around for traffic and listen
4. If traffic is coming, let it pass, look all round again
5. When there is no traffic walk carefully across the road



If we all try to make more trips by walking and cycling, we can reduce traffic on our streets, improve the air quality and our health and wellbeing.

Use our Walking, Cycling, Wheeling map to help plan your active travel route to school, discover new, quieter streets, and perhaps meet a friend on the way.

If you need to drive, park 10 minutes away from the school. Walking the rest of the way will help achieve your daily active mile, reduce the number of cars outside the school and help keep children safe.



Did you know?

- ▶ 69% of Enfield's pupils live within 1 mile of their school!
- ▶ It only takes 20 minutes to walk 1 mile, or 6 minutes to cycle!
- ▶ You are exposed to cleaner air when walking and cycling compared to when riding in a car!

If you need help with learning to ride, contact healthystreets@enfield.gov.uk for advice.



Why Active Travel?

Actively travelling to school is more fun than riding in a car, it helps you reach your daily exercise goal of 60 minutes and helps you concentrate better at school. Walking, scooting or cycling your journey also improves your road safety awareness, and helps you become confident to travel independently.

Walking is simple, free and a great way to exercise.

Cycling & Scooting are fun and help improve your co-ordination, motor skills and balance.

Public Transport is better for the environment than using a car. Fewer cars equals better air quality. You can also combine it with active travel by getting off a stop earlier and walking the rest of your journey.



Walking, Cycling, Wheeling

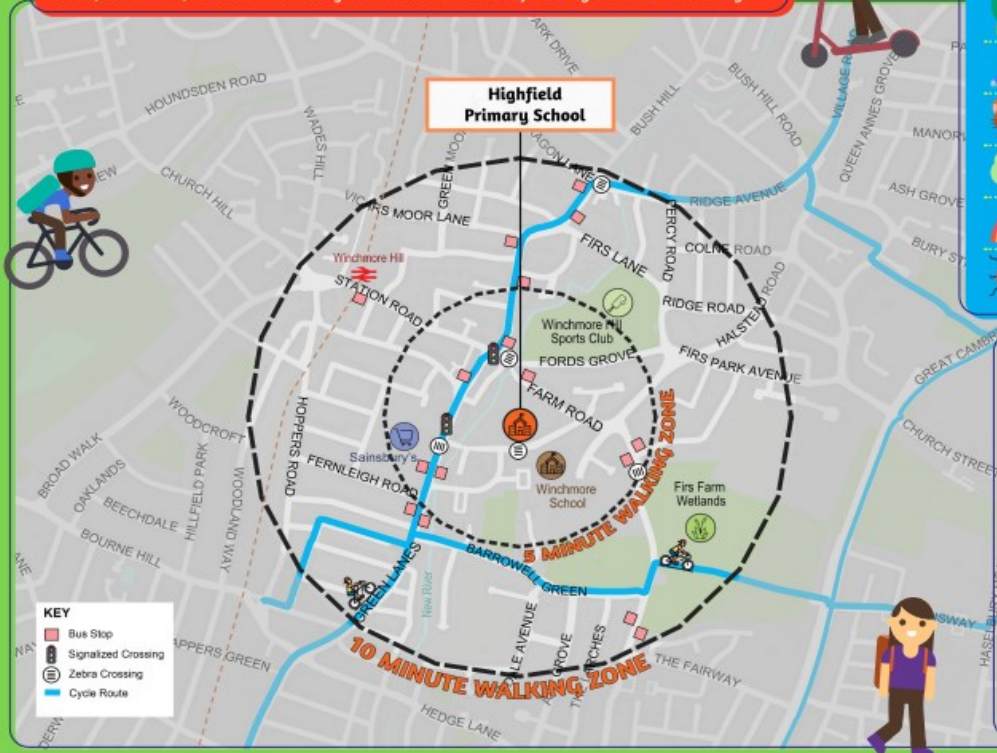
Getting to

Highfield Primary School



Plan your trip to school with your child

If you don't live far from school walking, cycling or wheeling is a healthy way way to travel! It's easier, saves time, reduces stress and gives children exercise before they start the school day.



What can you spot on your way to school?

- 🐦 **Sweet Tweet** - how many birds can see or hear?
- 🔍 **I Spy** - find something that begins with A,B,C...
- 🐱 **Lucky You** - how many cats have crossed your path?
- 🌳 **Find What Fits** - which leaves match which trees?
- 🌈 **Colours of the Rainbow** - find something of every colour.
- 🐛 **A Bugs Life** - how many different insects can you spot?

Facts & Figures

- ▶ 25% of traffic during rush hour in London can be attributed to the school run, however the majority of primary school children live within 1km of their school.
- ▶ By switching from the car to walking or cycling, there would be a huge reduction in congestion and pollution during peak hours.
- ▶ 30 minutes of activity 5 days a week can help reduce the chances of developing several major illnesses, including diabetes, cancer and depression.
- ▶ Moderate exercise has a positive effect on well-being, mood, sense of achievement, relaxation and release from daily stress.

NHS NICE Guidelines 2019

JTA Early Morning Traffic Survey

On Wednesday 12th October our Junior Travel Ambassadors carried out an early morning traffic survey on Highfield Road. They were lucky enough to be joined by PC Lauren and also two other police officers. The police officers helped the JTA's by talking to motorists about safe travel and discussing safe places to park. The JTA children noted down what they observed and were shocked to find how many children were not looking when crossing the road. They were also surprised by the number of drivers not wearing seatbelts when driving. These are areas that they have decided to focus on and they will be thinking about their own campaigns to carry out this year to raise awareness.



Super Cat's How to Cross a Road Safely

1. STOP

Any time you get to a road, you have to **stop**! Even if there is a zebra or pelican crossing there to help you.



2. LOOK

Then, you have to use your super sense of sight to **look** both ways to see if you can see any traffic coming.



3. LISTEN

Next, turn on your super sense of hearing and **listen** to check if you can hear any traffic coming.







4. THINK




Finally, **think** and ask yourself if it is safe to cross.


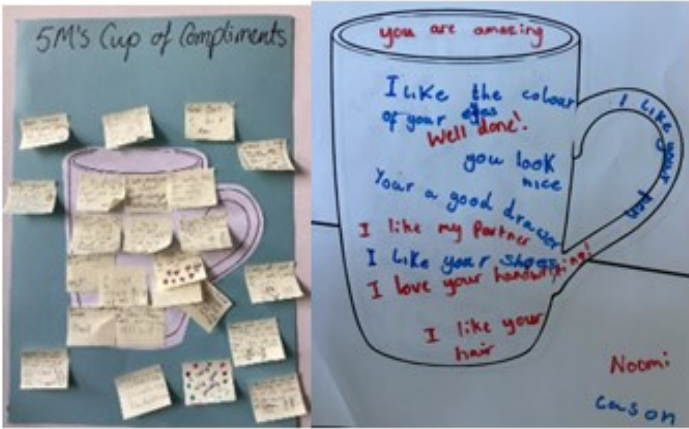


Curriculum Spotlight - October Newsletter

Year	Description	Photo/Work/Quote
Nursery	In Nursery we have been talking about Autumn, and the changes that are happening in nature.	 <p>Aris: "It a big, giant, orange pumpkin." Pareesa: "Pumpkin pie. You got to make it."</p>
Reception	In Reception we have been looking at the changes in the seasons. We have been exploring Autumn and looking at the signs of change around us!	
Year 2	In Year 2, we have been learning to identify and classify different habitats around the world. We created a new habitat using a range of animals and plants. We enjoyed using different Art materials to make the environment.	
Year 4	In Year 4, we have been classifying animals into vertebrates and invertebrates and looking for other ways we can sort them. We have also been classifying plants into flowering and non-flowering plants. We looked for microhabitats in our school environment and looked at the leaves and branches to identify plants in our school.	

Curriculum Spotlight for PSHE

Year group	PSHE
Reception	In Reception we have been learning how to build relationships and make friends. This week for our home learning we looked at pictures of our friends and talked about what we have learned about them. Well done Reception!
Year 1	<p>In year 1 we have been learning about feelings. "A feeling is something inside of you." Hudson. We watched a video which showed different children talking about feelings and gave examples of what makes them feel this way. We looked at feelings cards and discussed different feelings. The children took part in an activity where they had to choose a feeling card and share an example of why they felt this way. "I feel amused when my mummy edits photographs and then she makes a film with them. She lets me watch it and it is really funny." Jimmy "I get a shock when it is dark and then I begin to feel scared and I want my mummy." Sophia</p> 
Year 2	<p>In year 2 we have been looking at one of the British Values - Celebrating Differences! We have thought about what makes us and our friends special, understanding that it's our uniqueness that makes the world more interesting. "If we were all the same the world would be boring!" Willow</p> 
Year 3	<p>In Year 3 we have been discussing ways to resolve conflict. We thought of situations where we had fallen out with our friends and what we did to resolve this. Children were given scenarios which they acted out and then gave each other advice.</p> 

Year 4	<p>Year 4 we have been exploring ways to develop our resilience. We read the story, 'The Swallow's Journey' and explored the obstacles the swallow faced and how he overcame them. We then looked at different scenarios and discussed how we would handle a variety of stressful or challenging situations that might make people feel emotional in different way. "We could speak to someone we trust for support." Rheo</p> 
Year 5	<p>In Year 5 we have been exploring how to give praise and positive feedback. We began with giving and receiving compliments. Then we added more specific feedback such as 'Your painting is good. I really like the way you have mixed the colours'. The children wrote positive post its for 5M's Cup of Compliments or created a compliment cup in pairs in 5NC and 5C. The children showed excellent understanding and have been using these new skills in other areas of school life.</p> 
Year 6	<p>In Year 6, we are learning about resilience and perseverance and how we can embody these traits in school.</p> <p>Here are some quotes from our lesson:</p> <p>"When I find a question in Maths challenging, I will tell myself to keep trying and not give up."</p> <p>"It's good to fail and make mistakes, if you learn from it."</p>

Curriculum Spotlight - Religious Education

Harvest Festival

At the beginning of October, children brought in a variety of tins, pasta, and seeds for food donations. Every class made us proud, and it was our largest food donation yet!

Year 1 kindly took our donations to our local Holy Trinity Church on Friday 14th October.



Hinduism - Diwali

Children in Year 2 had fun making Diya lamps! They learnt about how and why Diwali is celebrated.

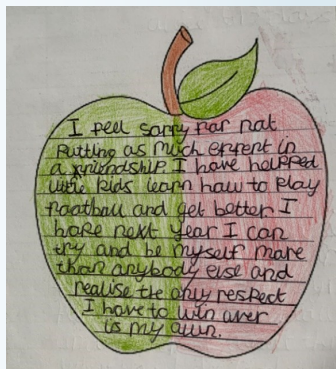
"They used lamps to light the way home for Rama and Sita" Joseph

"It shows that good beats evil" Alexander



Judaism – Rosh Hashanah and Yom Kippur:

Children in Year 6 have been learning about Yom Kippur and Rosh Hashanah in Judaism. They reflected on what they are sorry for and what their hopes and resolutions are for the new year.



MAKE EVERY SCHOOL DAY COUNT At Highfield Primary - Attendance & Punctuality

While the majority of pupils at Highfield do have good attendance and are only absent when absolutely necessary, we want to remind our families about the importance of attendance and punctuality.

October 2022	
ATTENDANCE	
Form	%
RF	91.12
RJ	93.13
RL	95.21
1B	89.36
1S	94.99
1W	88.85
2BD	92.24
2M	93.83
2RM	91.55
3J	96.54
3L	93.59
3P	96.3
4AC	95.93
4C	98.4
4GF	97.16
5C	97.17
5M	95.75
5NC	98.77
6A	95.31
6C	96.07
6P	92.25
Total	94.57

Regular attendance and punctuality at school is very important for your child's wellbeing. Children who miss school are missing out on essential social interaction which can affect their ability to make friends. If your child doesn't attend school regularly, they are less likely to do as well as other children.

At Highfield we are committed to working together with parents to increase the attendance and punctuality of all our pupils.

Although being absent cannot always be helped, at Highfield School we expect all our children to aim for 100% attendance each half term and to be on time every day, every week! Take a look at the table below to show you exactly what your child could be missing over the year.

TIME ABSENT FROM SCHOOL	ATTENDANCE
0	100% attendance
10 DAYS	95% attendance
19 DAYS	90% attendance
28 DAYS	85% attendance
More than half a term	80% attendance
9 + weeks	75% attendance

EVERY MINUTE COUNTS

As well as being absent a lot from school effecting your child's development being **LATE** also has a big effect, please look at the table below.

<u>Lateness = Lost Learning</u> (figures below are calculated over a school year)	
5 mins late each day	3 days lost
10 mins late each day	6.5 days lost
15 mins late each day	10 days lost
20 mins late each day	13 days lost
30 mins late each day	19 days lost

Every day your child is absent from school affects their education! You will notice from the figures above, that the odd day off really does mount up. Please be aware that Highfield School **WILL NOT AUTHORISE any **HOLIDAYS** during term time, this is done in the interest of your child's education.**

November 2022	UPCOMING EVENTS AT HIGHFIELD
Tuesday 1st November	4AC Woodcroft visit
Monday 7th November	Individual and sibling photographs
Tuesday 8th November	6A and 6P Synagogue visit
Wednesday 9th November	Year 5 London Aquarium visit
Thursday 10th November	6C Synagogue visit
Friday 11th November	Class assembly 4AC
Tuesday 15th November	Flu nasal spray for all years
	Prospective parent tours 10-11am and 2-3pm
Friday 18th November	Class assembly 4GF
Tuesday 22nd November	Year 3 Thames explorer workshop in hall
	Prospective parent tours 10-11am and 2-3pm

