

# NEWS

JUNE ISSUE 2020

## UPCOMING EVENTS

The Committee are still working behind the scenes.

We will keep you posted....

## Don't forget...

In all this craziness don't forget to be kind to yourself. Do something that makes you happy:

- Take five minutes to have a cup of tea alone (if you can)
- Have a bath
- Read a book
- Practice mindfulness
- Watch Netflix



# FRIENDS OF HIGHFIELD

It's June!

Some of you will be coming back to school this week. A very different school. It will be different and it may take some time to adjust to the new way of working (for now) but I know that the school will be doing all it can to make this period in time run as smoothly as possible for our kids and for parents too.

Let's support each other!



## Highfield High 5 T-Shirt Competition

During half term the Friends of Highfield launched the Highfield High 5 T-Shirt competition.

Please try and get your kids involved in designing a t-shirt which captures the emotion of the moment.

The thoughts and feelings of our kids during Lockdown 2020.

The winning design will be printed on a T-Shirt and available to purchase.

All designs submitted will be included in a school display to remember this time.

Please submit our designs by **14<sup>th</sup> June 2020**



## Be a Tech savvy parent

At a time when our kids may be spending more time on their devices than normal keep informed and keep them safe. Here are a few online resources you might want to check out:

<https://www.internetmatters.org/>

<https://www.connectsafely.org/instagram/>

<https://www.net-aware.org.uk/>

<https://www.bbc.com/ownit/>

<https://www.saferinternet.org.uk/>



## Easyfundraising Reminder

Just a reminder that at a time when most of us will be doing an increased amount of shopping online you can still use easyfundraising to help raise funds for our school at this time:

[www.easyfundraising.org.uk/causes/fohpri/payments/59](http://www.easyfundraising.org.uk/causes/fohpri/payments/59)

For purchases on Amazon please go to: [www.smile.amazon.co.uk](http://www.smile.amazon.co.uk)  
log in and search for  
Highfield Winchmore Hill

## FUNDRAISING UPDATE

**We continue to offer support to Help Highfield Families during this time.**

## Helping Highfield Families

Just a reminder that we are still here to help over the coming weeks if there are any families that might need a bit of extra help at this difficult time.

If you feel that you may struggle over the coming weeks and may need some additional support for food supplies, please do get in touch with the Friends of Highfield at:

[friendsofhighfield@hotmail.com](mailto:friendsofhighfield@hotmail.com)

We have assigned some funding for this cause and we will try and do our best to help support our most vulnerable families at this difficult time.



**JOIN US AT OUR NEXT MEETING**  
**NO MEETINGS UNTIL FURTHER NOTICE**

## Thought of the month...

*“Encourage, lift and strengthen one another. For the positive energy spread to one will be felt by us all”*

Deborah Day

**parentkind.org.uk**

is brimming with articles for parents, to help you support your child's school life and learning, and it's open to everyone!



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