

Hello 4C, 🙌

Miss Christou here 👩 How are you ?! I hope you're all keeping yourselves (and parents) busy getting creative and keeping fit 😊.

It's a strange time but I hope you are making the most out of it 🌟. Spending time with your families 👨👩👧👦 doing your home learning 📚 and maybe even learning a new skill! I've been doing the Joe Wick workouts 🏋️ each morning and been learning some dance routines 🕒.

I'm looking forward to seeing you all again in our classroom 😞 and sharing all that we have learnt.

As we know, it's very difficult for everyone, children and grown-ups. So now more than ever we need to show love, respect and co-operation 🌈. Here are a few ideas of how you can do this 🤔:

🌈 Bring sunshine to someone's day by drawing a rainbow to display in your window (On my daily walk, I've seen lots of bright and colourful rainbows and some chalk rainbows in people's driveways too).

🌈 Check-in with your friends and family who might be lonely (Give them a call or face-time, I'm sure they will REALLY appreciate it).

🌈 Do something selfless for a member of your family, e.g. help with the cooking, help siblings with their homework (I take my elderly neighbour's dog out for a walk each day. However, I'm not sure if that is selfless because I love doing it haha!).

 NHS Nightingale would like to decorate its wards with children's drawings to cheer up their patients (these need to be on A4).
All pictures should be addressed to:

"Rainbows for Nightingale"
59 Sutherland Grove
London
SW18 5QP
/

Or emailed to rainbows4NHS@hotmail.com which digital images can be sent to!

But for now, I'm wishing you all the best . It would be lovely to hear from you all. And should you need me, I'm only an email away . Thinking of you all and sending you and your families positive thoughts. Happy Easter  .

Lots of Love and best wishes,

Miss Christou (and my cat Blu, who is loving everyone being at home!) xxxx

