



Highfield Online Safety guide

The internet can be a very productive and advantageous tool in your child's education. However, without the correct supervision and restrictions, the internet could also expose your children to threats such as cyber bullying, online grooming and misinformation. There are numerous measures that a parent or guardian can take in order to make sure your children are safe on the internet.

Device Settings and Parental Controls.

There are numerous methods of restricting a device to make them more suitable and safer for use by children. Instruction on how to restrict devices can be found on the Highfield website (See link below) under 'Parental Controls'

<https://www.highfieldprimary.co.uk/health-wellbeing/online-safety/>

Talk Regularly with your child

As a parent/guardian it is crucial to stay informed on your child and how they are using the internet to stay informed of any potential threats to your child. Not only will this help you keep track of how your child is using the internet but it will also encourage your child to feel confident in discussing issues and concerns they may have related to the online world.

Peer pressure

Trends and viral challenges can be tempting for children to partake in irrespective of the potentially dangerous repercussions. It's important to reinforce to your children that they should not succumb to social/peer pressure and that they should not partake in any activities which they do not feel comfortable doing.

Vet content

The internet can sometimes contain misleading titles or other information to entice a larger audience. This could potential entice children into viewing inappropriate content unknowingly. For this reason it is advised that parents/guardians check age ratings for apps or vet websites before allowing access into the.

Know your resources

It is import to for both children and parents to be aware of the online safety resources available to them in the event that they ever need to use them. Examples of such resources and organisations can be found on the online safety page (See link below)

<https://www.highfieldprimary.co.uk/health-wellbeing/online-safety/>



Who to contact?

If you have any concerns regarding your child's online safety contact one of the schools safeguarding leads. If you feel you or your child are in danger contact the police on 999 and/or make a report to CEOP (Child Exploitation and Online Protection Command) dependant on the severity and urgency of the situation.