

A group of about eight children are lying on their stomachs on a green lawn. They are all smiling and looking towards the camera. Several of them are giving thumbs up, and one is making a peace sign. The children are dressed in casual clothing like t-shirts, sweatshirts, and shorts. One boy in the foreground wears a black Vans cap with the text 'VANS OFF THE WALL' and 'OFF THE WALL' on it. The overall mood is happy and energetic.

# JCA

*Let the adventure  
begin...*

# WELCOME TO JCA

Mill Rythe

# Welcome to JCA

We are a leading provider of school activity courses in the UK, with over 20 years' experience providing quality residential trips. Operating from 5 centres across the country, we deliver high quality educational experiences that meet the needs of every child.

Our courses encompass a range of outdoor activities to encourage personal development, inspire and motivate learning, independence and build confidence, all in a safe environment.

**JCA** *Let the adventure  
begin...*

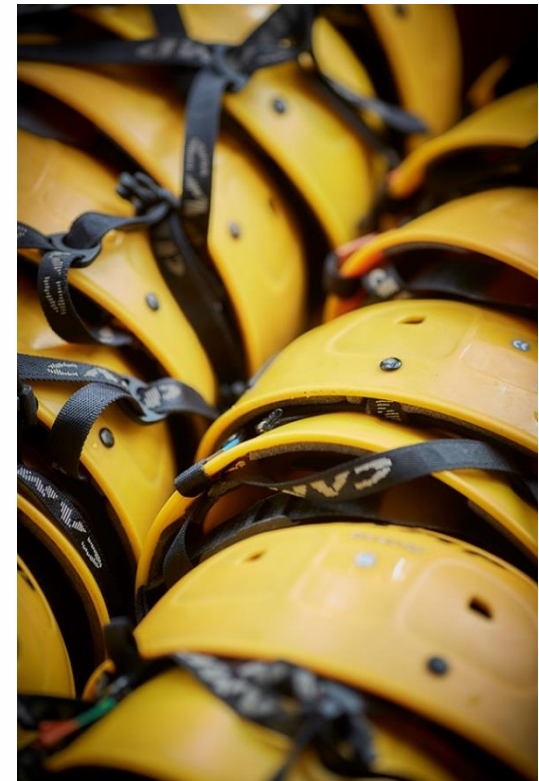




# The Value of JCA

We believe that learning outside the classroom is essential to a well-rounded education. Our courses focus on engaging students , providing enjoyable learning, and helping to develop life skills, such as:

- Learning to work together as a team
- Achieving personal and team goals
- Increasing self esteem and confidence
- Conquering fears
- Trying new and exciting activities
- Experiencing living away from home
- Respecting and valuing each others abilities
- Revealing undiscovered strengths
- Solving problems and taking responsibility





# Why Choose JCA?

- We have been perfecting our centres and activities for 20 years.
- Unique to JCA, one dedicated and multi-skilled instructor spends the week with each group; building confidence, trust and support.
- We only employ and train the best - dedicated, motivated, fun and caring staff.
- Full board accommodation, insurance and all equipment is included.
- We offer an easy payment plan and savings cards to budget for the trip.
- We are fully bonded members of ABTA, guaranteeing protection.
- All our centres are fully certified with an LOTC Badge
- Our team is dedicated to improving the development and learning of children.



# National Curriculum Coverage

Our programmes are linked to the Key Stages 2, 3 and 4 of the National Curriculum. Our standard Action and Adventure programme offers the opportunity to cover aspects of:

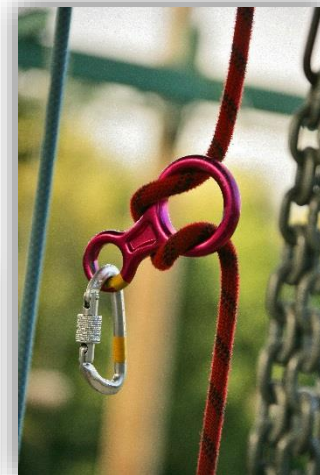
- PE
- PSHE
- Literacy
- Science
- Geography
- Citizenship
- Design & Technology
- Maths





# Safety Is Our Top Priority

- All of our centres are Health and Safety compliant.
- Our Safety Management System has been externally inspected and verified.
- First-Aid Kits are taken on all activity sessions.
- Centre Activity Managers hold the Emergency First Aid at Work Accreditation.
- Daily safety and equipment checks are carried out
- Thorough Risk Assessments have been conducted.
- All staff are DBS checked.



# Governing Bodies and Accreditations

JCA are governed by, affiliated to and accredited with:

- British Activity Providers Association (BAPA)
- Registered Body with the Disclosure and Barring Service (DBS)
- Institute for Outdoor Learning (IOL)
- Association of British Travel Agents (ABTA)
- Learning Outside the Classroom (LOtC)
- Adventure Mark (AAIAC)
- Investor in People



# What Your Trip Will Include

- Full board accommodation
- Full activity programme
- Full holiday insurance
- Evening entertainment programme
- 1:8 free places for accompanying adults
- Additional free places for carers on a 1:4 basis
- Achievement certificates
- Dedicated multi-trained instructors for the duration of your trip, helping students to reach their full potential through trust and support





# Mill Rythe



The Mill Rythe activity village is situated on Hayling Island, Hampshire, against the backdrop of extensive panoramas looking out to Chichester Harbour. The stunning location is perfect for a waterside adventure with over three miles of beautiful Blue Flag beaches. Mill Rythe awaits your group as they embark on their JCA adventure.



# What's at Mill Rythe?



All Weather Sports Pitch



Outdoor Pool



Beach Walk



Water Sports Lake



Waitress and self-service restaurant



Climbing Tower

**JCA** Let the adventure begin...



# Accommodation

Chalet style accommodation with one or two bedrooms accommodating up to five people, all of which have been completely refurbished. Within the chalets we provide en-suite bath or shower rooms with WC, colour televisions and heating. Tea and coffee making facilities are provided for adults.



**JCA**

Let the adventure  
begin...



# Activities

A complete list of activities to choose from at Mill Rythe can also be found on our website:

- Abseiling
- Archery
- Beach Walk
- Buggy Building
- Campfire
- Circus Skills
- Climbing
- Dance Mania
- Disco
- Fencing
- High Ropes
- Initiative Exercises
- Mini Olympics
- Orienteering
- Pool Snorkelling
- Raft Building
- Rocket Launch
- Sensory Trail
- Sit on top Kayaking
- Survival
- Team Challenge
- Wet and Wacky



# Activities





# Sample Itinerary

An Example itinerary has been outlined to show how we structure your stay. You will be able to choose your activity preferences and an individual programme will be created to suit your needs.

	Morning		Afternoon		Evening
Sessions	1	2	3	4	5
Monday	Travel to Mill Rythe		Intro Tour	Abseiling	Run around quiz
Tuesday	Beach Walk/games		Climbing	Dance Mania	Camp Fire
Wednesday	Archery	Snorkelling	Fencing	Mini Olympics	Busted
Thursday	Initiative Exercises	Buggy Building	Raft Building	Orienteering	Disco
Friday	Team Challenge		Travel back to school		



Let the adventure  
begin...



# See You Soon!

From all of us at JCA we hope you enjoy your trip and look forward to seeing you at Mill Rythe...



*"...we've had a phenomenal time thanks to everyone at JCA. The children have taken away memories that will last a lifetime..."*

**JCA** Let the adventure  
begin...