

TfL STARS



Our school travel plan encourages active, healthy, safe and sustainable travel. We aim to reduce the number of car journeys to our school to improve congestion, pollution and to make the roads safer for our children. Walking, scooting or cycling all, or part of the way to school is really good exercise for children and will ensure they arrive awake, alert and ready to learn. Visit www.stars.tfl.gov.uk

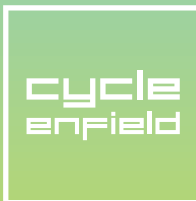
The green cross code



1. Find a safe place to cross then stop
2. Stand on the pavement not the kerb
3. Look all around for traffic and listen
4. If traffic is coming, let it pass, look all round again
5. When there is no traffic walk carefully across the road

We're building a borough that's fit for the future. Making our town centres more attractive to businesses and shoppers. Giving us more active choices for the way we travel.

And creating quieter neighbourhoods that we can all enjoy. We have created all sorts of activities to help. From cycle skills sessions and maintenance classes to cycling and walking events. Visit www.cycleenfield.co.uk



Join BEAR and Be an Active Ranger

We are a healthy school and promote active travel to school with our BEAR campaign. Children can win stickers if walk, scoot or cycle, part or all of the way to school. The winning classes get to look after the school teddy bear!

Visit www.cycleenfield.co.uk/cycling-news/schools-walk-scoot-cycle-win



The Junior Travel Ambassadors at the school monitor road safety outside the school gates, teach other children road safety skills and develop campaigns to promote walking, scooting, cycling and Park and Stride. Visit www.tfl.gov.uk/info-for/schools-and-young-people/teaching-resources/junior-travel-ambassadors



For any general enquiries email: school.travelplans@enfield.gov.uk



Safe + Fun + Fit



Designed by SYSTRA Ltd

Park & Stride to Highfield Primary School

We Park + Stride The Smart Way



www.enfield.gov.uk



We Park + Stride The Smart Way



Plan your walk to school with your child!

If you live far from school, why not Park and Stride the smart way?

We are on a busy road and it is illegal to stop on the zig zags outside the school. When parents drop their children off right outside the school gates, the area is further polluted and can become congested which creates a dangerous environment for children crossing the road.

Park and stride is easier, saves time, stress and gives children exercise before they start the school day.



No dropping or stopping on the zig zags. Keep all of us safe.

- Popular walking route
- Segregated cycle lane
- Zebra crossing
- Pedestrian island
- 10 minute walk area
- School main entrance
- Off-street park and stride
- On-street park and stride
- Minutes to walk to school

*Based on age 5-11 child average weight of 60lbs.

Please remember that any advice we have provided you has not been based on any medical check. While physical exercise is beneficial in most circumstances, we recommend that if you are concerned about the suitability of some activities or experience discomfort whilst exercising, you seek medical advice from your GP.