

## 4M's Highlights of the Year 2012-2013.

### PE at Winchmore Senior School.

During the Summer Term we had a fantastic opportunity of wall climbing and trampolining at Winchmore Senior School. For most of us, this was our first time we had climbed a high wall and we were nervous. However, all of us showed great courage and determination when we climbed the very high wall. Matthew, Oskar and Dumitru climbed to the top! "I really enjoyed climbing the wall even though I was scared at first," said Alina.

Trampolining was popular too, we learnt the skills of tuck jumps, pike jumps and seat drops! Miss Murphy said that we were naturals on the trampolines! "It is fun trampolining as you feel like you're flying!" said Ranim.

"The pike jumps were tricky," said Miki.



### Hampton Court

In the Autumn Term we visited Hampton Court as part of our History topic on the Tudors.

"It was interesting to see real artefacts from that period of time, especially in the kitchens!" said Abbey. "A trip like this makes learning come to life!"

As well as visiting the kitchens, we saw pictures, paintings and King Henry's private rooms. When we visited the chapel, we were complimented on how quiet and respectful we were. We were amazed at how big Hampton Court was. The grounds and gardens were impressive, especially the fountain.

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4PM have had a fantastic year. Here are some of our Highlights.

### Hampton Court Palace



In November we visited the magnificent Hampton Court Palace as part of our history topic on the Tudors. There were actors dressed as Henry VIII, his daughter Mary and the French and Spanish ambassadors of the time. "We could see all the artefacts that King Henry used and the clothes that they wore," explained Adeel. "I liked King Henry's crown because it was delicate and special," said Ferdows. "It was a replica because the real one was melted down," remembered Arif. What Baran remembered most was the ghostly voice whispering, "Divorced, beheaded, died, divorced, beheaded, survived....." as we came down stairs from Henry's apartment!

The grounds of the Palace were spectacular too. Beautifully created gardens, fountains and trees. In one of the ponds Gzim saw fish "as long as my arm!".

### Healthy Highfield Class Assembly



## 4L's Highlights of the year



4L did dance lessons with Winchmore students.

Jada 4L said "I loved learning a dance routine with the students from Winchmore!"



# As part of our community topic we visited Grovelands Park.

Zyle 4L said "my favourite part of the day was playing in the playground!"



We interviewed the public asking questions from a questionnaire about how often they use the park.



We also did sketches of the landscape. Ali 4L, wanted to draw a landscape with the lake as the main feature and Taha drew a landscape sketch with the hospital as a main feature of his picture.



## Back at Winchmore School!

This time we were invited to use their climbing tower and wall.



"I loved using the climbing tower at Winchmore School" said Nina.

